

The Benefits of Air-diffused Essentials Oils

Essential Oils smell wonderful and beyond the scent, there is a wealth of physical and emotional benefits. EO's come from the same plants that medicines come from. Medicines, however, must be digested by the body which dilutes the effects. When a pure Essential Oil is inhaled or absorbed through the skin, the effects may be felt immediately. When diffused in the air they attach to any dust particles and pollutants and drop them to the ground. ReScent Mood Mist takes advantage of these amazing benefits by providing EO's in a convenient spray bottle that can be used almost anywhere at anytime- to be inhaled, used on the skin, or sprayed in the air. ReScent your work space, home, workout room, air vents, pets, car, pillow, or even your feet.



Cautions:

Do not take internally, keep away from open flame, avoid contact with eyes, keep away from children. Some essential oils increase sensitivity to the sun.

Purchase Re-Scent Mood Mists at :

Massage Inspires / Jeffrey Jacoby LMT -
Smyrna, Georgia 770-337-9426

Lighthouse Chiropractic -
Smyrna, Georgia 770-805-9090

Breathe Yoga and Massage Studio -
Woodstock, Georgia 678-494-3450

Interested in carrying Re-Scent in your store?

Contact Jeffrey Jacoby at
MassageInspires.com
or call 770 337 9426

1 ReScent- \$22 - \$22.00 (for one)

3 ReScent- \$55 - (Set of all 3 -
1 each of Serene, Aware, Tranquil)

Re-Scent Mood Mist

4 oz. Aromatherapy Mists

*You are just a spray
away from feeling:*

Serene, Tranquil, Aware



ReScent Mood Mists

are specially blended essential oils
that can enhance, lift, or even
change your mood

	Effect	Ingredients	Suggested Uses
 <p>Serene</p>	Deeply Relaxing	Geranium, lavender, petitgrain, clarysage, patchouli, ylang-ylang, sweet orange, rosewood, neroli, bergamot	<p>Bedtime: During sleep is when we are most vulnerable to dust and air born toxins. Spray 12 inches away 1 time onto your pillow. Follow this with 3- 5 sprays into the center of your bedroom. Then spray onto the bottoms of your feet.</p> <p>Insomnia: Repeat the bedtime recommendation when your rest is disturbed and you cannot get back to sleep.</p> <p>Cologne: Spray onto the inside of forearm about 6 inches away 1-2 sprays. May also be used on backs of legs in the area behind your knee or on the side of your neck.</p> <p>Pet Deodorizer: Spray twice onto palm. Rub your hands together briefly and then pet your dog or cat from head to tail 4-5 times. Use only one spray for smaller animals. Do not over apply the product on pets- while essential oils are safe for animals, their smell can easily overwhelm them when too much is used.</p> <p>Anxiety, Depression, Panic Attacks: Spray directly onto yourself avoiding eyes and glasses. 1- 3 sprays.</p> <p>Driving: Serene is deeply relaxing and <i>not</i> recommended for use while driving.</p>
 <p>Tranquil</p>	Calming	Lavender, lemongrass, rosemary, lime, fennel, may chang, petitgrain, rosewood, lemon	<p>Studying, Yoga, writing, Meditation: To calm the mind and focus your thoughts spray Tranquil directly onto yourself avoiding eyes and glasses 1 to 3 times. May also be sprayed into the palms of your hands. Spray on palm of one hand and rub hands together until oil is absorbed.</p> <p>Cologne: Spray onto the inside of forearm about 6 inches away 1-2 sprays. May also be used on backs of legs in the area behind your knee or on the side of your neck.</p> <p>Job Interview, Public Speaking, Performing Arts- or any other time you need to be relaxed but alert. Spray directly onto yourself with your head slightly bent and your eyes closed. 1- 3 sprays as you prepare for event, and again just before it happens. This is also very helpful if you need some calming down but don't want to sleep. Also helpful during times of crisis.</p> <p>Driving : If you feel stressed while driving, spray Tranquil onto the floor of the front seats, 2 sprays for each side, then once or twice into the center of the vehicle. You may also spray onto yourself - bow your head slightly and spray onto the back of your neck. Avoid spraying into your eyes or onto glasses. Avoid spraying onto the windows or rear view mirror.</p> <p>Pet Deodorizer: Spray twice onto palm. Rub your hands together briefly and then pet your dog or cat from head to tail 4 or 5 times. Use only one spray for smaller animals. Do not over apply the product when using on pets- while essential oils are safe for animals, their smell can easily overwhelm them when too much is used.</p>
 <p>Aware</p>	Energizing	TeaTree, eucalyptus, lemongrass, cedarwood, peppermint, rosemary, clary sage, bergamot, cypress	<p>Prior to exercise, workout, running or any physically demanding task. Avoiding your eyes, spray onto yourself 1 to 3 times. If you will be in one place for your task, spray also 3-8 times into the middle of the room.</p> <p>Air Conditioner Cleanse: Clean outside of return vent (vent that sucks air inside) of excess dirt and dust. Spray Aware directly into the vent 10 times. This will discourage the growth of mold and other bacteria inside your air conditioner pipes.</p> <p>Driving : If you feel tired while driving, spray Aware onto the floor of the front seat, 1-2 sprays for each side, then once or twice into the center of the vehicle. You may also spray onto yourself avoiding eyes and glasses. Avoid spraying onto the windows or rear view mirror.</p> <p>Sinuses: For those with chronic sinus problems, spray Aware into any room that you will be spending time in. Aware's blend is especially good for cleaning the air of allergens and irritants to the sinuses.</p>

You may use all 3 blends in many ways. Pump firmly for a fine mist. Bathroom, kitchen, or any room that just needs a new or fresh fragrance- point toward the middle of the room and spray 3-10 times.

To apply to yourself - use in same areas as cologne or perfume, avoid spraying into the eyes. **Feet** - as a treat for your feet, spray on the bottoms of your feet and backs of toes. Put your feet up for 2 to 5 minutes before walking or putting on socks. **Laundry-** spray into the dryer with laundry 4-5 times about 12inches away before you start. For extra scent, spray again 5 minutes before they finish. Especially good for towels and linens. **Laundry Hamper-** after you have removed dirty clothes, spray 2-3 times into the empty hamper. **Insects-** Insects are naturally repelled by all essential oils. Using ReScent often around the house will keep bugs away. Closets are a great place to spray ReScent to discourage moths. Although all 3 scents will work to discourage bugs, Serene will be most effective as it contains Geranium which is highly offensive to moths, and smells much better than moth balls! **Pantry-** spray inside your pantry to help discourage bugs from entering- spray along the floor, in corners, and against the walls. **Windows-** Places where bugs enter may be sprayed. Spray around window frames, but avoid the glass. **Kids Room-** Children love the smell of essential oils, especially the citrus ones. Try any spray in kids rooms to keep them smelling fresh. **Air Vents-** Spray your air conditioner vents with any ReScent to diffuse the fragrance throughout the house.

Workplace- ReScent your office by spraying 3-10 times into the center of the room **Dusty Project-** During any task that creates sawdust, drywall dust, or even going through old paperwork that sends dust into the air. Spray 3 to 10 times around the room to cleanse the air. **Vacuuming / Cleaning-** Spray 3-10 times into the center of each room. Wait about 5 minutes for the Re-Scent to work. It will attach itself to the dirt and dust in the air and drop it to the ground so that you may vacuum it up. After vacuuming, you may re-spray the room to dispel any lingering vacuum odors.